

Secure Safety Training

at our Training centers, your Facilities or a Hotel, Restaurant and Café

Date: October 2021

Good news! The corona measures has been scaled down throughout The Netherlands from September 25th, 2021. These relaxations also affect the training we will perform for you. From October 1st, Inprevo will carry out all its basic and refresher courses as follows:

General measures:

- During all our training sessions we continue to follow the [guidelines of the RIVM](#)
- Inprevo continues to carry out your training in a safe and adapted form, see explanation below.
- The general 1,5 meter distance rule is cancelled.
- Wearing your own mouth mask is allowed but not mandatory.

During training at customer locations:

- Our trainers follow the corona protocol as applicable to your location.
- Depending on the space made available by you, the maximum group size is 15 people.
- We ask you to organize a sufficiently spacious classroom so that our instructor can work within a safe distance from your course group.
- We need sufficient floor space to carry out several practical exercises. Make sure that tables and chairs in the classroom can be moved to the side.
- The classroom must be clean with sufficient ventilation options (ventilation system, open windows, doors).
- Our trainers always have hygienic gel and wipes ready in case they are not present at your location.
- For practical firefighting exercises, you must provide a reserved outdoor space with the size of 4 contiguous parking spaces.

During training at our training centers:

- The maximum group sizes on our training facilities:
 - Amsterdam: a maximum of 14 people per group;
 - Houten: a maximum of 12 people per group;
 - Rotterdam: a maximum of 14 people per group.
- On arrival we ask the participants a number of corona related questions. We do not ask about the Corona App.
- The usual lunch buffets remain closed. The student can choose from a standard, vegetarian or halal lunch package before the start of the lesson.
- We can ventilate all our classrooms sufficiently by opening windows and doors in combination with a ventilation system.
- Our locations are cleaned well daily and are equipped with the necessary hygienic means.

During training in the hospitality industry:

- When we carry out your training in a hotel, restaurant or cafe, your students must show the Corona Check app, this is a measure imposed by the Dutch government. Inprevo is not liable for the refusal of your participants at the relevant location.

Customized training content and format:

- Lotus victims: A lotus victim is only used for Basis First Aid training, as prescribed by the Orange Cross. The use of lotus victims has been stopped at all the other training sessions to avoid physical contact. A Lotus victim can be scheduled on request and at additional cost.
- Bandages: Each student receives their own, separately packaged, set of bandages which are discarded after the exercise. Attendees no longer practice together but on their own (upper or lower leg) or on a manikin.
- Choking: Here we use a manikin with an actfast on which the student practices the action. It is advisable to wear disposable gloves during this exercise.
- Stable side position/abdominal rotation: Verbal instruction has been chosen in which the instructor gives participants directions without participants having to touch each other.
- Rautek Grip: The Rautek procedure is performed with a manikin which is cleaned with a disinfectant wipe after each use.
- CPR: Our teacher brings several CPR manikins so that each student can perform all actions. Each student receives their own breathing cloth (faceshield and lungsystem). After each deployment, the chest and face are disinfected and the lungs replaced. During training, half of the group performs CPR and the other half gives an explanation, after which groups switch. With refresher courses, half of the group will undergo CPR and the other half will follow a practice carousel, after which the groups will switch.

- Evacuation: If the practical evacuation component cannot be practiced at your location, our instructor will perform this component as a tabletop exercise.
- Small extinguishing media: The different types of fires can be extinguished with different types of extinguishers. After every practical exercise, the handle of the extinguisher is disinfected by the user.

Stay alert and give each other space!

With the afore mentioned adjustments, we can continue to issue full diplomas and certificates in accordance with the guidelines of certification bodies.

**If you have any additional questions about this:
call (088-61 61 400) or mail (info@inprevo.nl)**