

## Secure Safety Training

at our Training centers, your Facilities or a Hotel, Restaurant and Café

Date: November 2021

Due to the increasing number of Corona infections, the following Inprevo training protocol applies until further notice:

### General measures:

- ✓ With all our training sessions we continue to follow the guidelines of the RIVM.
- ✓ Stay home with Corona related complaints, both with yourself and roommates.
- ✓ Stay alert to keep 1,5 meters away.
- ✓ Mouth cap on when walking through a building, mouth cap can be taken off when you sit.
- ✓ Wash/disinfect your hands regularly.
- ✓ Inprevo continues to provide training in a safe and adapted form, see explanation below.

### During training at customer locations:

- ✓ Our trainers follow the Inprevo corona protocol in addition to clients protocol as applicable at client location.
- ✓ Depending on the space made available by you, the maximum group size is 15 people.
- ✓ We ask you to book a spacious classroom so that students and instructor can work safely at 1,5 meters.
- ✓ We need a lot of floor space for the implementation of practical exercises, make sure that tables and chairs in the classroom can be moved to the side.
- ✓ The classroom must be clean with sufficient ventilation options (ventilation system, open windows, doors).
- ✓ Our trainers have handgel, hygienic wipes and, if necessary, disposable gloves ready in case not present at your location.
- ✓ For practical firefighting exercises, you should provide a reserved outdoor space with the size of 4 contiguous parking spaces.

### During training at our training centers:

- ✓ The maximum group sizes for our practice centers are:
  - Amsterdam: a maximum of 14 people per group (participants sit 1.5 meters away);
  - Houten: a maximum of 12 people per group (participants sit between cough screens);
  - Rotterdam: a maximum of 14 people per group (participants sit between cough screens).
- ✓ On arrival we ask corona related questions and perform a temperature check. We do not ask for the Corona-App.
- ✓ The usual lunch buffets remain closed, the student can choose from a standard, vegetarian or halal lunch package before the start of the lesson.
- ✓ All our classrooms are ventilated by opening windows/doors in combination with a ventilation system.
- ✓ Our locations are thoroughly cleaned daily and in-between and are equipped with the necessary hygienic means.

### During training in the hospitality industry:

- ✓ When we carry out your training in a hotel, restaurant or cafe, your students must show the Corona -App, this is a measure imposed by the Dutch government. Inprevo is not liable for the refusal of your participants at the relevant location.

### Customized training content and format:

- Lotus victims: A lotus victim is only used for first aid training, as prescribed by the Orange Cross. The use of lotus victims has been stopped at the other training sessions to avoid physical contact. A Lotus victim can be scheduled on request and at additional cost.
- Bandages: Each student receives their own, separately packed, set of bandages which are thrown away after the exercise. Participants no longer practice together but on themselves (upper or lower leg) or on a manikin.
- Choking: Here we use a manikin with an actfast on which the student practices the action. Disposable gloves should be worn during this exercise.
- Stable side-lying/abdominal rotation: Verbal instruction has been chosen in which the instructor gives participants directions without participants having to touch each other.
- Rautek Grip: The Rautek Grip is performed with a manikin which is cleaned with a disinfectant wipe after each use.
- CPR: Our teacher brings several CPR manikins so that each student can perform all actions. Each student receives their own breathing cloth (faceshield) and practice lungs. After each deployment, the chest and face are disinfected and the lungs replaced. During training, half of the group will perform CPR and the other half will provide explanations, after which groups switch. With refresher courses, half of the group undergoes CPR and the other half follows a practice carousel, after which the groups switch.
- Evacuation: If the practical evacuation component cannot be practiced at your location, our instructor will perform this component as a tabletop exercise.

- Small extinguishers: The different types of fires can be extinguished with different types of extinguishers. After each extinguishing, the handle is disinfected by the user.

**Stay alert and give each other space!**

With the afore mentioned adjustments, we can continue to issue full diplomas and certificates in accordance with the guidelines of certification bodies.

**If you have any additional questions about this:  
call (088-61 61 400) or mail ([info@inprevo.nl](mailto:info@inprevo.nl))**